

HOLY INFANT SENIOR NEWSLETTER

January, 2016

Issue # 149



PRAYING YOUR NEW YEAR IS BLESSED

Lord.....

As a new year begins,
we come to You and ask for Your blessing.

We pray that you would give us joy to fill our days,
peace to fill our hearts,
and love to fill our lives.

Thank You for the plans You have for us in this
new year.

We wait in anticipation to see all You will do !!!

*"For I know the plans I have for you," declares the
Lord, "plans to prosper you and not to harm you,
plans to give you hope and a future."*

Jeremiah 29:11



PARISH REMINDERS

- 1/16 7:00 P.M. Knights of Columbus
Adult Bingo – Upper Cafeteria
- 1/23 6:30 P.M. Men's Club Trivia Night
Parish Center
- 1/24 1:00 P.M. Knights of Columbus
Open House – Lower Cafeteria
- 1/31 7:00 P.M. Zip Rzeppa Presentation
"For a Greater Purpose, My Life
Journey" – Upper Cafeteria



TIDBITS

As we begin a New Year, our "Tidbits" could be
resolutions and are called "Just for Today".

Just for today, I will live through this day only
and not set far-reaching goals to try to overcome
all my problems at once. I know I can do
something for 12 hours that would appall me if I
felt that I had to keep it up for a lifetime.



HAPPY BIRTHDAY

1/2 Dorothy Denzer
1/3 Julie Hogan
1/4 Dorothy Cissel
1/4 Nora Hendricks
1/4 Joe Sinibaldi
1/5 Don Mertz
1/5 Marilyn Steinhart
1/6 Joyce Howley
1/10 Sharon Morgenthaler
1/16 Don Dinkelkamp
1/18 Rose Birkner
1/20 Alice Mertz
1/23 Emerico (Joe) Corpus
1/25 Maria Dorn
1/26 Gary Delancey
1/27 Robert Hauf



Wishing each of you, and anyone accidentally missed, a very Happy Birthday !!!!!



Just for today, I will be happy. Abraham Lincoln said, "Most folks are about as happy as they make up their minds to be." He was right. I will not dwell on thoughts that depress me. I will chase them out of my mind and replace them with happy thoughts.



GET ON WITH YOUR LIFE.....

.....but you can't. You may grieve the loss of a loved one for years. And the first year can be all downhill.

Stephen Ministers are trained and willing to care for you through this time of great loss.

Call Patricia (636-227-7440) for more information.



HOLY INFANT ADULT BINGO

Saturday, January 16, 2016

Holy Infant School – Upper Cafeteria
248 New Ballwin Road
Ballwin, MO 63021



Doors Open at 6:30 P.M.

Bingo Starts at 7:00 P.M.

\$20.00 per Person

Admission includes 15 Games of Bingo
Beer, Soda, Wine and Water

Food available for purchase.

Sponsored by the Holy Infant
Knights of Columbus

FROM OUR DEACON'S DESK

Shared by: Deacon Ken Clemens

Here are some of the feast days and saints we celebrate in January.....

- 1/4 Solemnity of Mary, Mother of God
- 1/3 The Epiphany of the Lord
- 1/4 St. Elizabeth Ann Seton (1774-1821)
- 1/5 St. John Newmann (1811-1860)
- 1/6 St. Andre Bessette (1845-1937)
- 1/7 St. Raymond of Penyafort (1175-1275)
- 1/10 Baptism of the Lord
- 1/13 St. Hilary (315-367)
- 1/20 St. Fabian, Pope and Martyr
St. Sebastian, Martyr
- 1/21 St. Agnes
- 1/23 St. Vincent, Deacon and Martyr
- 1/25 Conversion of St. Paul
- 1/26 St. Timothy and St. Titus, Bishops
- 1/27 St. Angela Merici (1474-1540)
- 1/28 St. Thomas Aquinas, Priest and Doctor
Of the Church (1225-1274)

This month I will highlight St. Andre Bessette. He was a Holy Cross Brother who has been credited with thousands of cures. He was the founder of St. Joseph's Oratory in Montreal, Canada, perhaps the world's principal shrine in honor of St. Joseph.

He was the eighth child in a family of twelve. He was orphaned at the age of twelve. He tried his hand at various trades but was not successful in any of them. He could barely read and write and was sickly most of his life. At the age of fifteen, he became a Brother of the Holy Cross but was rejected at the end of the novitiate. At the insistence of the bishop of Montreal, however, Brother Andre was allowed to make his religious profession. For forty years he worked as porter at the College of Notre Dame until he was needed full time at the shrine of St. Joseph. People from all over Canada came to him for cures or for spiritual direction.

The Oratory that he built in honor of St. Joseph was solemnly dedicated in 1555 and raised to the rank of a minor basilica. When he died it was estimated that close to a million people came to the Oratory for his funeral.



Just for today, I will adjust myself to what is. I will face reality. I will correct those things that I can correct and accept those things I cannot correct.



ADULT FAITH FORMATION

1/31 7:00 P.M. Zip Rzeppa "For a Greater Purpose: My Life Journey", in the Upper Cafeteria. Zip shares how his faith changed his live.

ALSO HOLD THE DATES

**Holy Infant Parish Mission
February 22 – 25, 2016
7:00 P.M. - Church**

Fr. Larry Richards a popular Conference Speaker and pastor from Erie, PA will conduct a four day Mission.



Just for today, I will have a program. I may not follow it exactly, but I will have it, thereby saving myself from two pests – hurry and indecision.



CAROL'S CORNER

Finding People Who Will Move You Forward

Who will share your life this year? Research has shown that how you answer that question will impact your well-being more than any other factor – even income, where you live, or your life circumstances. So choose wisely when it comes to the people you surround yourself with in 2016. And there's a certain kind of relationship you can begin looking for more than any other. It's been nicknamed "O.A.R.s" and that stands for One Another Relationships. Picture someone sitting in a boat with an oar in each hand. In order for the boat to move forward those oars need to be in sync and pulling in the same direction. Each person in a relationship is like one of those oars and God is in the middle – the center of the connection.

O.A.R. relationships are about.....

**Encouragement
Support
Cheering Each Other On
Being There in Hard Times**

AND.....most of all.....LOVE !!!

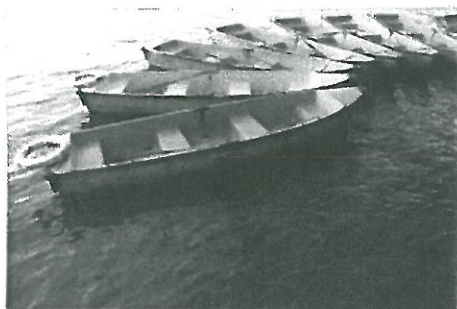
No relationship is perfect but we can all be purposeful this year about who we join with in the journey of our life and that can make all the difference.

Who helps you move forward in God's purpose and plans for your life ???

Who can you help to do the same ???

Praying that God brings your heart just who you need this year !!!!

(Holley Girth)



RECIPE OF THE MONTH

CRANBERRY MEATBALL SKILLET

Shared by: Ginnie Arends

Start to finish about 20 min. / Serves 4

1 16 oz. can whole cranberry sauce
1/3 to 1/2 cup water
2 T. cider vinegar
1 12 oz. pkg. frozen cooked meatballs
1 cup fresh baby carrots
8 oz. tiny new potatoes, halved
Salt and pepper to taste

In a large skillet stir together the cranberry sauce, water and vinegar. Add the meatballs, carrots and potatoes. Bring to boiling; reduce heat. Simmer, covered, for 15 to 20 minutes or until the potatoes are tender. Season to taste with salt and pepper.

If you have a recipe you would like to share please send it to:

**Carol Komor
237 Monroe Mill
Ballwin, MO (63011)**

Or email: ckomor@att.net



Just for today, I will be unafraid. I will gather the courage to do what is right and take the responsibility for my own actions. I will expect nothing from the world, but will realize that as I give to the world, the world will give to me.



PLOWSHARING CRAFTS

Shared by: Mary Pancella

The Plowsharing Crafts sale held at the H.I.S. meeting was a big success. Approximately \$600.00 worth of items were purchased by our seniors. Many thanks from all the staff and volunteers of Plowsharing Crafts. Your fair trade purchases make a real difference to those people struggling to make a living in developing countries.

The hours and store locations can be found at this website: www.plowsharing.org



GREETINGS

Since our last meeting cards have been sent to the following people:

GET WELL: Bob Komor and Bob Schlemeier

SYMPATHY CARD: Ginny Flenniken in remembrance of her brother.

MASS CARDS: GeeGee Schmeer and Emmett O'Brien.

Be sure to call Pat Bouckaert at 535-391-9368 if you know of anyone who should receive a card.



Just for today, I will make a conscious effort to be agreeable. I will look as good as I can, dress becomingly, talk softly, act courteously and not interrupt when someone else is talking. Just for today, I'll not improve anybody except myself.

THOUGHT FOR THE MONTH

The worst sorrows in life are not in its losses and misfortunes, but in its fears.

God, our Father, fill me with a continual sense of Your presence, dispelling all my fears with Your peace. Amen.



2015-2016

H.I.S. Board Members

Ken Clemens	President	394-9048
Dolores Kaemmerer	Vice-Pres.	391-7743
Nell Cox	Secretary	394-5371
John Nortman	Treasurer	227-7260
Tom Dollus	Attendance	207-0924
Pau Bouckaert	Cheer	391-9368
Kathie & Gene Hanneke	Graphics	314-913-4230
Mary Mallery	Historian	391-9716
Mary Weman	Hospitality	227-1254
Carolyn Kraichely	Directory	394-5151
	Membership	
Carol Komor	Newsletter	230-9697
Denis Thien	Photographer	225-9197
Jim Yettke	Recycle Coor.	227-8163
Brenda George & Mary Schlemeier	Refreshments	394-2286 391-9556
Marie Fox & Marcy Zufall	Sr. Choir	227-2750 394-5540
Eileen Buehrle	Service & PAC	230-5435
Rev. Edward Stanger & Dan Tarleton	Spiritual Dir.	227-7440 " 227-2348
Linda Krull	Trips	458-1580
Carol Wolf & Carol Nortman	50/50	227-6214 227-7260

JUST FOR FUN.....

EATING LIKE A CAVEMAN, PALEO DIET 1.01

Shared by Denis Thien

(I read this somewhere, right after Thanksgiving and thought it would be appropriate now, after all our "Holiday Eating".)

Hey Oog, how things?

Mmm Glug, me got fire! Me got cave! Things good, how you?

Me great! Me lost 28 pounds. Dat 2 stones. Ha ha...dat caveman humor.

(We all caveman. All humor caveman humor.)

True Dat

How you lose so much weight?

Me on Paleo diet. Me eat like caveman. Me eat only meat, fruit, vegetables. No grain. No dairy.

Dat tough. But 28 pound mighty impressive. Maybe it works.

Hey look, there Org. Hey Org. what dat you got there?

Hey Oog...hey Glug. This is something new I invented. Dis called bread.

Bread, what dat?

Dat grain, I mill into flour and mix with water and yeast.

Den I let it rise once and den I punch it. Den it rises again.

Den I bake it.

Dat sure smells great. Can I try it?

Sure, here a piece.

Wow, that awesome...you got butter?

No, but me got spray. I can't believe it not butter.

That next best thing. Thanks.

You want bread Glug?

No thanks, not on my diet.

What diet dat?

Paleo diet....me eat like a caveman.

Hey look! There Blerg. Hey Blerg, what dat?

Dis cheese, you want piece?

Thanks. Dis great. Dis would be good on crackers!

You want cheese Glug?

No thanks, not on my diet.

What diet that?

You don't want to know. Me on Paleo diet.

Ha, dat hilarious!

Come on Glug, break diet, try some cheese.

Yeah Glug, give cheese a chance.

Peer pressure too great. Me give in, me try cheese.

Wow! Dat great. Dis would be good with crackers!

Dis cheese, dis bread, dis all marvelous. Me so glad we live in time of advancements and inventions.

Me too We have many new things to eat. Not restricted to traditional caveman food.

THINGS GOOD ! ! ! !