



# HOLY INFANT SENIOR NEWSLETTER

November 2023

Issue # 204



## FROM THE EDITOR - By: Maria Dorn

November, the month of Thanksgiving. So many things to be grateful for! I'm grateful we **made it back safe** and sound from our fabulous trip to Italy with several of our fellow HIS. I'm grateful **I can still move** after walking over 60 miles in 10 days. I'm grateful we **enjoyed delicious** pasta, pastries, and wine **without gaining weight**. Even though I know we'll miss her, we're grateful **our grand dog, Sansa, finally went to her newly renovated home**. I'm grateful that **I don't have to put out food and water, take walks on her schedule, and the opening and closing the door a dozen times a day for her to go 'in and out', 'in and out'!**

What are you grateful for?

**If you ever have suggestions** or an article that you think other members would enjoy, you can call or send an email to [mariadorn@hotmail.com](mailto:mariadorn@hotmail.com). Be sure to put HIS in the subject line. Thanks, and I look forward to keeping you 'in the know'.

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## Saint of the Month - St. Margaret Of Scotland



St. Margaret of Scotland, or Margaret of Wessex, was an English princess born in Hungary to Princess Agatha of Hungary and English Prince Edward the Exile around 1045. Her siblings, Cristina and Edgar the Atheling were also born in Hungary around this time.

Margaret and her family returned to England when she was 10 years old and her father was called back as a potential successor to the throne. However, Edward died immediately after the family arrived, but Margaret and Edgar continued to reside at the English court.

Margaret's family fled from William the Conqueror after his victory at the Battle of Hastings in 1066. Her widowed mother set out to take her children north to Northumbria.

Tradition says, Agatha decided to leave Northumbria and return to the continent, but her family's ship got caught in a storm. The storm drove their ship even more north to Scotland, where they were shipwrecked in 1068. The spot they landed on is now known as "St. Margaret's Hope."

Malcolm Canmore III, the king of Scotland, welcomed Margaret and her family and put them under his protection. He soon fell deeply in love with the beautiful and kind princess. Margaret and Malcolm became married in 1070 at the castle of Dunfermline.

Together, they had eight children, six sons and two daughters. All of whom were raised with deep Catholic Christian faith. They lived as a holy family, a domestic church.

Margaret's kind nature and good heart was a strong influence on Malcolm's reign. She softened his temper and helped him become a virtuous King of Scotland. Together they prayed, fed the hungry, and offered a powerful example of living faith in action. Margaret was placed in charge of all domestic affairs and was often consulted with state matters, as well.

She promoted the arts and education in Scotland. She encouraged Church synods and was involved in efforts to correct the religious abuses involving Bishops, priests, and laypeople.

Her impact in Scotland led her to being referred to as, "The Pearl of Scotland."

She constantly worked to aid the poor of Scotland. She encouraged people to live a devout life, grow in prayer, and grow in holiness. She helped to build churches, including the Abbey of Dunfermline, where a relic of the true Cross is kept. She was well-known for her deep life of prayer and piety. She set aside specific times for prayer and to read Scripture. She didn't eat often and slept very little so she would have more time for her devotions. She lived holiness of life as a wife, mother and lay woman, truly in love with Jesus Christ.

Malcolm supported Margaret in all her endeavors and admired her religious devotion so much he had her books decorated in jewels, gold and silver. One of these decorated books, a gospel book with portraits of the four evangelists, is now kept in Oxford at the Bodleian Library after it was miraculously recovered from a river.

In 1093, Malcolm and their oldest son were killed during the Battle of Alnwick. Already ill and worn from a life full of austerity and fasting, Margaret passed away four days after her husband, on November 16, 1093.

Her body was buried before the high altar at Dunfermline.

In 1250, Pope Innocent IV canonized Margaret as a Saint, acknowledging her life of holiness and extraordinary virtue. She was honored for her work for reform of the Church and her personal holiness.

St. Margaret is the patron saint of Scotland, and her feast day is celebrated on November 16.

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STEPHEN MINISTRY  
By Gene Bestgen

***Who will know about my problem if I talk to a Stephen Minister?***

Many people ask this question. Confidentiality is the cornerstone of Stephen Ministry. No one will find out. If you have a burden you need to share, perhaps a Stephen Minister can help. For someone who will listen and help you find the resources you need to get through this tough time. To learn more about this caring ministry, call Patricia at 636 227-0802, opt #3. There is a confidential email as well [stephenministryhi@yahoo.com](mailto:stephenministryhi@yahoo.com) that you can use if you prefer.

Members of HIS that are current Stephen Ministers, or have retired as Stephen Ministers are: Alberta McGilligan, Maureen Richter, Monica Vaccaro, Paul Mallery, Pauline Nocifora, Mary Salvia, Bob Komor, Jack Birkner, Peggy Buechler, Hank Kraichely, Linda Gatton, Mary Emke, Carol Laupp, Carol Wolf, Jody Hauf and Gene Bestgen.

If you or a loved one can benefit from a Stephen's Minister, **check out Stephen Ministry on our church website [www.holyinfantballwin.org](http://www.holyinfantballwin.org)**

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## Odds and Ends

By HIS members

**Help Wanted** - Help decorate the upper cafeteria for the Christmas Season the day after Thanksgiving at 10 am;

**AND AGAIN**, on Thursday, December 7 from 4-5:30 pm to for the HIS Christmas party!

While decorating we will be preparing the Membership Directory for distribution at the Christmas party. Asking for volunteers **to bring staplers** to staple the Directory.

### Ti Chi classes and Ballwin Pointe – Paul Mallery

Ballwin Pointe offers FREE Ti Chi classes and use of the gym to all seniors having Silver Sneakers cards from their insurance provider. This is open to all Ballwin and non-Ballwin residents. Seniors, contact Ballwin Pointe at 636-227-8950 or at their website for more information. Silver Sneakers work at the POINTE no matter where you live in STLOUIS COUNTY. Ti Chi classes meet twice on Thursdays at 1 PM and 2 PM.

### FREE Diapers! – Paul Mallery

If you know of someone needing free baby diapers, tell them to contact the St Louis Diaper Bank at 314-624-0888 or go to [info@stldiaperbank.org](mailto:info@stldiaperbank.org). Any of the St Louis or County libraries should have this information.

### Meal Train – Maria Dorn

We are not feeding anyone at present but will be ready to go with delicious meals when the need arises. Thanks to all who generously volunteer already and if you want to be added to the list of volunteers, let Maria know by calling 314-610-8784 or email [mariadorn@hotmail.com](mailto:mariadorn@hotmail.com).

Please keep this program in mind when **you or one of HIS members** needs some support.

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### New Members - Theresa Bichsel

Louc, Janet                                    314-952-7478  
2439 Broadmont Dr  
Chesterfield, MO 63017  
Bday: 7/8

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Glaeser, Jaeque                                636-236-5103  
517 Golfwood Dr  
Ballwin 63021  
Bday: 9/9

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Offerman, Pat                                    314-397-3606  
508 Terrington Dr  
Ballwin 63021  
Bday: 7/10

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Fairhead, Rosemary                            636-394-7295  
305 Arbor Glen Dr  
Ballwin 63021

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Lawrence, Maureen                            314-795-7359  
383 Village Creek Dr  
Ballwin 63021  
Bday: 11/10

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Gittemeier, Sue                                 214-607-4830  
804 Corvallis Ct  
Ballwin 63021  
[sue.gittemeier@gmail.com](mailto:sue.gittemeier@gmail.com)  
Bday: 12/1



## Senior Christmas Party

By Bernie Flacke

Remember that the HIS Christmas party will be on Friday December 8, 2023 from 10am-2pm in the Upper Cafeteria and is for HIS members only.

Tables of 8 - Last chance at the November 2 General Meeting to make your table reservations. Cost \$20 per person - Cash or Check payable to HI Seniors.

We will be enjoying hot catered food by Catering by Christy, along with coffee and cake for dessert. There will be beer, wine, punch, soda, and water. Entertainment is music by Karl "Trickee" Holmes. There will be a 50/50 drawing...with all money collected returned in prizes.

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## ADULT FAITH FORMATION OPPORTUNITIES

By Kathie Hanneke



Mark your calendar – THIS weekend is the **Prayer Shawl Ministry** display weekend. Come and see all the beautiful, blessed Prayer Shawls, Prayer Lap Blankets and Blankets for Teens, Youth and Babies after all the Masses!

The ladies have been hard at work, praying, crocheting, knitting, and cutting fleece to make these beautiful items. All have been blessed by our priests or deacons.

ALL are FREE. Donations are always welcome to help defray costs.

**The annual PAINT N SIP** is happening on Friday evening, 6:30-9:00 p.m. November 10th in the Upper Cafeteria. Don your beret and paint shirt and come, learn how to paint a beautiful symbol of St. Louis' French heritage, the Fleur de Lis! There will be tasty snacks and a nice wine selection to help aid our artistic flair! The fee of \$35 covers 16x20 canvas, acrylic paint and supplies, painting instruction plus wine and snacks. Reserve your spot by dropping off a check made out to Holy Infant Church in an envelope marked Paint n Sip to Patricia Foley at the PSR Office Payment is due **as soon as possible**. Space is limited to 40 and must be over the age of 21.



The **Advent Tea** will be on Sunday, December 3rd, 1:30-3:00 p.m. in the upper cafeteria. Start putting together your table of 8 or plan to come solo for a lovely afternoon of Advent meditation and tea with tasty desserts. Check the bulletin for more information.

## EUCCHARISTIC REVIVAL at HOLY INFANT!

Eucharistic Miracles Exhibit in the Upper Cafeteria after all Masses November 4-5. The Holy Infant Seniors have volunteered to help with the coffee juice and donuts table after the 7am Mass on November 5. Looking for 4 Volunteers to help.





# Travel & Tourism News

By: Mary Jane Bahr, Joan and Tom Wojciechowski

**Holiday Brass Concert** - The concert will be held at Manchester United Methodist Church, December 4, 2023. All the tickets have been sold. Those of you who have purchased tickets will be getting your ticket at today's meeting. If you must cancel at the last minute you need to find someone to take your ticket. We will not refund your money.

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## ADULT BINGO

November 18, 2023  
Holy Infant School – Upper Cafeteria  
248 New Ballwin Road  
Doors Open at 5:30 P.M.  
Bingo Starts at 7:00 P.M.



\$25.00 per Person  
Admission includes 15 Games of Bingo  
Beer, Soda, Wine and Water.  
Food available for purchase  
Sponsored by the Holy Infant  
Knights of Columbus

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## Carol's Corner - by Carol Komor

I'm so very glad that I was introduced to the writings of Iyanla Vanzant and have chosen to share another of her beautiful prayers with you this month. This one, which acknowledges all the attributes of our great God, seems so appropriate for November. Perhaps each of us can use it as our own prayer of praise and gratitude during this month of "Thanksgiving".

### PRAYER OF ACKNOWLEDGEMENT

Dear God:

- I acknowledge that you, God, are awesome!
- I acknowledge that you, God, are magnificent!
- I acknowledge that you, God, are amazing!
- I acknowledge that you, God, are ever ready, everywhere, to provide and protect.
- I acknowledge that you, God, are a powerful presence in every situation.
- I acknowledge that you, God, are a skilled negotiator, peaceful mediator, and master strategist.
- I acknowledge that you, God, provide the way into all things good and the way out of all things harmful.
- I acknowledge your love, your wisdom, your compassion, and your mercy.
- I acknowledge that you, God, are the solution to the problem.
- I acknowledge that you, God, are the answer to the question.
- I acknowledge that you, God, are the calm in the midst of turmoil.
- My dear God, I acknowledge the power of your presence in my heart, my mind, and my life.
- I now stand bravely, boldly, calmly, powerfully filled with the magnificent, awesome, amazing strength of God.
- I know that all is well with my soul and in my life.
- For this I am so grateful.
- Let it be so!
- And So It Is!!!!**





# Birthdays - November

By Theresa Bichsel

Wishing each of you, and any others I may have missed, a very Happy Birthday!

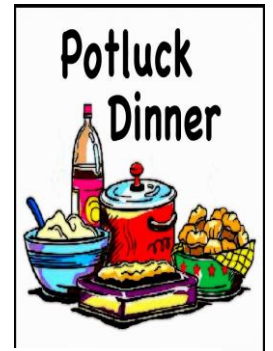
Nancy	Turpin	5-Nov	Chris	Gianoulakis	20-Nov
Marie	Fox	6-Nov			
Susan	Fritz	6-Nov	Marcia	Bequette	21-Nov
Maureen	Lawrence	10-Nov	Mary	Cook	21-Nov
Monica	Vaccaro	12-Nov	Peggy	Beckmann	23-Nov
Carolyn	Boardman	13-Nov	Jody	Hauf	24-Nov
Lynn	Koch	15-Nov	Shelley	Matlock	24-Nov
Frank	Mohr	16-Nov	Hank	Kraichely	25-Nov
Pat	Tierney	16-Nov	Mary	Pancella	25-Nov
Craig	Wilds	17-Nov	Barbara	Jeglijewski	26-Nov
Ken	Clemens	18-Nov	Jack	Birkner	27-Nov
Barbara	Luecke	19-Nov			
Brenda	George	20-Nov			

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## JANUARY 4 - HIS MEETING – Karaoke is back - Potluck Luncheon

Members with the First Letter of Last Name will provide:

J-Q - SOUP  
 R-Z - SALAD  
 A-I - DESERT



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## OUR THANKS GO OUT TO....

- Joanne Lewis and Kathie Hanneke for the Get-Well cards and kind notes. So grateful to them for their prayers and caring support. – **Olivia Pieknik**
- Paul & Theresa Bishel for their coming up with ideas to make it fun to learn something new that is good for us.
- Nancy and Don Turpin for again a great lunch and desserts.
- Ken Velten for helping in keeping us solvent and aware of our expenses.
- Olivia Pieknik for capturing HIS fun in some great pictures.



## DID YOU KNOW ....

By Jo Lewis,

- That dried herbs and spices don't go bad or unsafe? If they lose their aroma toss them. That is usually over a 3-4-year period.
- That if you want to try an expensive restaurant, go there for lunch? The menu will be the same but the price 25% less.
- That you should check expiration dates on your products? Super cheap items could be poor quality or even a hazard.
- That milk could go 5-7 days longer than its shelf date? Be sure it has been refrigerated.
- That you could find our HIS Newsletter through the online bulletin? Go to the website and scroll down till you see HIS Newsletters. We have them all from September of 2015.  
<https://holyyinfantballwin.org/news/newsletter/>
- That any of our HI Seniors can submit words of wisdom they want to share to this column? We can all benefit from these little gems. Just send to [mariadorn@hotmail.com](mailto:mariadorn@hotmail.com) or call Maria at 314-610-8784.

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## Parish News

By Sandy Hughes

### NOVEMBER

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|----|--|
| 1  | All Saints Day (Holy Day of Obligation) Masses at 6AM, 8AM, 10AM and 7PM |
| 2  | Mass of Remembrance: 7:00PM  |
| 10 | Veterans Day Prayer Service & Reception: 9:00AM, Church/Upper Cafeteria  |
| 10 | Paint & Sip: 6:30PM, Upper Cafeteria                                     |
| 11 | Adult Faith Formation: Date Night, 6pm, Upper Cafeteria                  |
| 12 | Holiday Boutique: 9:30AM-2:00PM, Parish Center/Gym                       |
| 18 | Knights' BINGO: Doors open at 5:30PM, Upper Cafeteria                    |
| 23 | Thanksgiving Mass & Food Collection: 9:00AM                              |

### DECEMBER

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|----|--|
| 3  | Ladies Advent Tea: 1:30PM, Upper Cafeteria                         |
| 8  | Feast of the Immaculate Conception: Masses at 6AM, 8AM, 10AM & 7PM |
| 8  | Seniors' Christmas Party: 10:00AM-2:00PM Upper Cafeteria           |
| 10 | Live Nativity Event Time TBD                                       |
| 24 | Christmas Eve Masses: 4:00PM, 4:15PM (Parish Center) and 6:00PM    |
| 25 | Christmas Day Masses: Midnight, 8:00AM and 10:00AM                 |
| 31 | Regular Sunday Mass schedule                                       |

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## 2022-2023 H.I.S. Board Members

Bob Maloney	President	636-346-1765	Maria Dorn	Newsletter	314-610-8784
Paul Bichsel	VP	314-564-7568	Gene Hanneke	Recycle Coord.	227-8163
Becky O'Brien	Secretary	314-973-4515	Nancy Turpin & Bernie Flacke	Refreshment	314-800-7420 227-3825
Ken Velten	Treasurer	636-386-5208	Marie Fox & Dolores Kaemmerer	Resurrection Choir	227-2750 391-7743
Audrey Westmoreland	Attendance	636-394-7919	Eileen Buehrle	Service & PAC	230-5435
Dolores Kaemmerer	Attendance	391-7743	Rev. Edward Stanger	Spiritual Dir.	227-7440
Mary Mallery	Attendance	391-9716	Gene & Rosemary Bestgen & Mary Jane Bahr	Trips	527-5385 227-8927
Carol Laupp	Sentiments	256-0924	& Joan & Tom Wojciechowski		636-256-2510
Kathie & Gene Hanneke	Graphics	314-913-4230	Carol Wolf & 50/50		636-795-7982
Mary Mallery	Historian	391-9716	Carol Komor & Rose Birkner		230-9697 636-485-6415
Mary Schlemeier & Brenda George	Hospitality	636-391-9556 636-394-2286			
Theresa Bichsel Membership	Directory	314-564-7591			

