

# HOLY INFANT SENIOR NEWSLETTER

May 2023 Issue # 201 \*\*\*\*\*\*



# FROM THE EDITOR - By: María Dorn

I can't believe it is already May! The trees are greening up and the weather is teetering between chilly and warm at different times throughout the day. Bob and I have been enjoying taking our grand-dog, Sansa, for walks at Castlewood and Valley Park. It's been fun to watch the seasons change. We had a gorgeous Easter Day brunch with all the traditional foods and sweets. The kiddos loved searching for eggs the Easter Bunny left for them outside in the green grass. It was great to have the pre-Covid group back again.

We are just back from our road trip with my sister and brother and their spouses. We rented a van and tried winding our way down the Bourbon Trail in Kentucky. We went to Churchill Downs, Louisville Slugger Factory, the Ark Encounter as well as the Creation Museum. We had reservations at 2 distilleries, but things got messed up and we didn't get to go on our tours. We did get to do the tastings though. I think we are the only people to go to the Bourbon Trail and NOT see a distillery. I was able to talk them into an escape room and tour of the Waverly Sanatorium. We blew up in the escape room, because 67+ aged people weren't prepared for the bending and kneeling and the math necessary to figure out the clues (HINT: bring your readers and a flashlight) and we didn't see any ghosts. We really did enjoy our weeklong family time. Bob and I kept telling each other how grateful we were that we married each other and not one of those other goofballs.

If you ever have suggestions or an article that you think other members would enjoy, you can call or send an email to <a href="mailto:mariadorn@hotmail.com">mariadorn@hotmail.com</a>. Be sure to put HIS in the subject line. Thanks, and I look forward to keeping you 'in the know'.



# Saint of the Month - Blessed Virgin Mary

Mary was born into a devout Jewish family in Galilee (now part of Israel) when it was part of the ancient Roman Empire. Her parents were Saint Joachim and Saint Anne, whom Catholic tradition says that angels visited separately to inform them that Anne was expecting Mary. Mary's parents dedicated her to God in a Jewish temple when she was three years old.

By the time Mary was about 12 or 13 years old, historians believe, she was engaged to Joseph, a devout Jewish man. It was during Mary's engagement that she learned through an angelic visitation of the plans God had for her to serve as Jesus Christ's mother on Earth. Mary responded with faithful obedience to God's plan, despite the personal challenges that it presented to her.

When Mary's cousin Elizabeth (mother of the prophet John the Baptist) praised Mary for her faith, Mary gave a speech that has become a famous song sung in worship services, the Magnificat, which the Bible records in Luke 1:46-55: "And Mary said: 'My soul glorifies the Lord and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generations will call me blessed, for the Mighty One has done great things for me - holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deeds with his arm; he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble. He has filled the hungry with good things but has sent the rich away empty.

He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, just as he promised our ancestors."

Mary and Joseph raised Jesus Christ, as well as other children, "brothers" and "sisters" whom the Bible mentions in Matthew chapter 13. Protestant Christians think that those children were Mary and Joseph's children, born naturally after Jesus was born and Mary and Joseph then consummated their marriage. But Catholics think that they were cousins or Mary's stepchildren from Joseph's former marriage to a woman who had died before he became engaged to Mary. Catholics say that Mary remained a virgin during her entire life.

The Bible records many instances of Mary with Jesus Christ during his lifetime, including a time when she and Joseph lost track of him and found Jesus teaching people in a temple when he was 12 years old (Luke chapter 2), and when wine ran out at a wedding, and she asked her son to turn water into wine to help out the host (John chapter 2). Mary was near the cross as Jesus died on it for the sins of the world (John chapter 19). Immediately after the Jesus' resurrection and ascension into heaven, the Bible mentions in Acts 1:14 that Mary prayed along with the apostles and others.

Before Jesus Christ died on the cross, he asked the apostle John to take care of Mary for the rest of her life. Many historians believe that Mary later moved to the ancient city of Ephesus (which is now part of Turkey) along with John and ended her earthly life there.

People have reported many miracles happening through Mary since she went to heaven. These have included a myriad of Marian apparitions, which are times when believers say that Mary has miraculously appeared on Earth to deliver messages to encourage people to believe in God, call them to repentance, and give people healing.

Famous apparitions of Mary include those that were recorded in Lourdes, France; Fatima, Portugal; Akita, Japan; Guadalupe, Mexico; Knock, Ireland; Medjugorje, Bosnia-Herzegovina; Kibeho, Rwanda; and Zeitoun, Egypt.

My favorite devotion to Mary is the Rosary and the Perpetual Help Devotion on Tuesdays, and the Memorare.

Called to Serve

STEPHEN MINISTRY

By Gene Bestgen

### Who will know about my problem if I talk to a Stephen Minister?

Many people ask this question. Confidentiality is the cornerstone of Stephen Ministry. No one will find out. If you have a burden you need to share, perhaps a Stephen Minister can help. For someone who will listen and help you find the resources you need to get through this tough time. To learn more about this caring ministry, call Patricia at 636 227-0802, opt #3. There is a confidential email as well <a href="mailto:stephenministryhi@yahoo.com">stephenministryhi@yahoo.com</a> that you can use if you prefer.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Members of HIS that are current Stephen Ministers, or have retired as Stephen Ministers are: Alberta McGilligan, Maureen Richter, Monica Vaccaro, Paul Mallery, Pauline Nocifora, Mary Salvia, Bob Komor, Jack Birkner, Peggy Buechler, Hank Kraichely, Linda Gatton, Mary Emke, Carol Laupp, Carol Wolf and Gene Bestgen.

If you or a loved one can benefit from a Stephen's Minister, check out Stephen Ministry on our church website www.holyinfantballwin.org

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intersession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother, to thee do I come, before thee I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions but in thy mercy hear and answer me. Amen.



# Odds and Ends By HIS members

#### Christmas Entertainment - Carol Wolf

Our Christmas Entertainment Chairperson is on the hunt for fun, lively, and audience favorites. Perhaps you've seen something special you think the seniors would enjoy at other venues. If you have any suggestions for entertainment for our Christmas party, December 8<sup>th</sup>, please call Carol Wolf at 314-227-6214 and she'll check them out.

### A Special Thank You – Linda Gatton and Family

To my Holy Infant Seniors family, all those who attended Mass, sang in the Choir, and helped with the luncheon – Thank you for your prayers, love, support and comforting words. Your kind expression of sympathy means so much to me and my family.

#### Flip Flops – Theresa Bichsel



Seniors, the donations YOU made in February for the women's shelters were greatly appreciated by the Assistance League. They approached us again asking for flip flops for the shelters. They are looking for inexpensive-dollar store variety, nothing expensive in sizes 7 (medium) to extra-large. If you are so moved to donate some, I'll collect these in May and at the June picnic; or I am happy to arrange another pick up individually. Thank you all for your generosity. We can truly be the hands of Jesus as we help those in need. bichselfam@gmail.com

#### 3 Strong Men - Mary Schlemeier

The HIS Picnic Committee is looking for 3 strong men to help move picnic tables early on **June 1<sup>st</sup>**, **the day of the picnic**. If you can assist, come to the picnic site at Blue Bird Park in Ellisville **at 8:30 AM** to help with set up.

#### Meal Train - Maria Dorn

We are not feeding anyone at present but will be ready to go with delicious meals when the need arises. Thanks to all who generously volunteer already and if you want to be added to the list of volunteers, let Maria know by calling 314-610-8784 or email mariadorn@hotmail.com.

Please keep this program in mind when you or one of HIS members needs some support.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Sentiments

By Carol Laupp

Since our last HIS Newsletter, these sentiments were sent:

Get Well - Bonnie Mohr, Mary Cook, Dee Kaemmerer

**Sympathy** - Linda Gatton, death of husband Charley

If you know of anyone in the HIS group that could use a Get-Well, a Thinking of You or Praying for you card, a Sympathy card, etc. please call Carol Laupp at 636-256-0924 and she will send them a card from our HIS group.

**Grobl, Carolyn** 314-640-9639

1010 Rose Hill LN

Ellisville, MO 63021

cpgrobl@sbcglobal.net

Birthday: 12/20

**Kays, Lynn** 314-954-2088

123 Imperial Crown Way, Unit E

Wildwood, MO 63040

Lakays.stl@gmail.com

Birthday: 01/23

**Sughero, Sharon** 636-345-3531

115 Jubilee Hill Dr., Unit B

Wildwood, MO 63040

sscloser@yahoo.com

Birthday: 10/25

**Tate, Maria** 636-236-9722

17274 Portland Cove

Wildwood, MO 63038

tatemaria@hotmail.com

Birthday: 03/16

**Ventus, Manuel** 314-322-2730

651 Kerryton Place Cr

Ballwin, MO 63021

mavemtus@att.net

Birthday:

**Kayser, Betty** 636-394-0752

537 Blazewood

Ballwin, MO 63011

bbkayser@yahoo.com

Birthday: 02/11



# HIS April 2023 - Cardinal Opening Day













# Travel & Tourism News

By: Mary Jane Bahr, Gene Bestgen, Rosemary Bestgen, Joan and Tom Wojciechowski

#### **Upcoming Events**

We have 42 members who signed up for the trip in August to the **Lyceum Theatre**. The committee has decided to go forward with this trip. The day for this trip is August 22, 2023, which is a Tuesday. The cost is \$125.00 per member.

The trip to the **horse races** is still on hold.

In October we are planning a trip to the **Governor's Mansion in Jefferson City** for a tour, lunch in Jefferson City and then a visit to Winston Churchill's Museum.

In December we will be getting tickets for the Brass Concert in Manchester, Mo.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

### ADULTBINGO

May 20, 2023 Holy Infant School — Upper Cafeteria 248 New Ballwin Road Doors Open at 5:30 P.M. Bingo Starts at 7:00 P.M.



\$25.00 per Person
Admission includes 15 Games of Bingo
Beer, Soda, Wine and Water
Food available for purchase
Sponsored by the Holy Infant
Knights of Columbus

# Do you get it???

- Why do supermarkets make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front?
- Why do people order double cheeseburgers, large fries, and a diet coke?
- Why do banks leave vault doors open and they chain the pens to the counters?
- Why do we leave cars worth thousands of dollars in our driveways and put our useless junk in the garage?
- Why is lemon juice made with artificial flavoring and dishwashing liquid made with real lemons?
- Why is "abbreviated' such a long word?
- Why is it that doctors and attorneys call what they do 'practice'?



# Bírthdays – May By Theresa Bíchsel

Wishing each of you, and any others I may have missed, a very Happy Birthday!

Judy	Jeglijewski	05/04	Marcia	Faquin	05/20
Sharon	Bombach	05/07	Don	Turpin	05/21
Barbara	Hudgens	05/11	Paula	Skinner	05/23
Carol	Laupp	05/11	Ellen	Julius	05/24
Linda	Effer	05/13	Linda	Gatton	05/28
Jerry	Bess	05/16	Peggy	Russell	05/29

\*

Carol's Corner - by carol Komor

I previously introduced you to Iyanla Vanzant in the November issue of our Newsletter where I shared her Prayer of Thanksgiving. I have fallen in love with her Morning Prayer and am so happy to have this opportunity to share it with each of you. As a suggestion, read the prayer

slowly making each statement your very own.

#### **MORNING PRAYER**

#### Dear God:

This is the day you have made, and I am so grateful to be a part of it.

This is a day unlike any other day, and I am so grateful for this opportunity to begin again.

This is the day I will place myself totally in your care.

This is the day I will use to serve you in faith and joy.

This is the day all of my spiritual debts are cancelled, and I am so grateful to be free.

On this day, I now declare that I am free of fear! Free of doubt! Free of anger! Free of shame! Free of guilt! Free of unproductive thoughts and actions.

On this glorious day that you have allowed me to see, I am divinely determined and dutifully dedicated to live the life you have created for me. A life of peace, joy, fulfillment, abundance, and creative activity.

This is the day God!

Your day! My day!

And for this day I am so grateful.

And so, it is!

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

### OUR THANKS GO OUT TO ....

By Jo Lewis & various HIS Members

- To all HIS members for being so generous with your time that you remember special times in people's lives; you are special!
- Everyone for the cards and calls for my 94<sup>th</sup> birthday! You make being 94 FUN!
- Nancy and Don Turpin for all our lunches and the wonderful Opening Day at the Ballpark Theme lunch. With the hot dogs and pretzels and popcorn, it was just like being there.
- Paul Bischsel for making our April Opening Day at the Ballpark meeting special by having Brian
  Flaspohler on hand as our Cardinal expert. He was quick to share his knowledge of the history of
  Cardinal baseball in St. Louis and filled us in on interesting pieces of trivia and statistics.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*



# DID YOU KNOW ....

By Jo Lewis,

- That if you are trying to reduce your salt intake you should limit your intake of bread? Who knew?
- That by carrying your wallet in the back pocket of your pants, you can have back pain? Listen up MEN!!
- That you could find our HIS Newsletter through the online bulletin? Go to the website and scroll down till
  you see HIS Newsletters. We have them all from September of 2015.
   <a href="https://holyinfantballwin.org/news/newsletter/">https://holyinfantballwin.org/news/newsletter/</a>
- That any of our HI Seniors can submit words of wisdom they may want to share to this column? We can all benefit from these little gems. Just send to <a href="mailto:mariadorn@hotmail.com">mariadorn@hotmail.com</a> or call Maria at 314-610-8784.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Parish News By Sandy Hughes

#### MAY

4	*National Day of Prayer*
4	Seniors' Meeting: 10:00am, Lower Cafeteria
11	Holy Happy Hour: 6:30pm - Church
14	Happy Mother's Day!
20	K of C BINGO! Doors open at 5:30pm, Upper Cafeteri
26	Last Day of School
29	Memorial Day: Mass at 9:00am
20	Seniors' Board Meeting: 10:00am, Holy Infant Room
22	EaRtH DaY!!
29	First Communion: 10:30am (PSR) 1:00pm (School)

# Recipe of the Month - Easy Hershey Bar Swirl Cake

Submitted by a HIS Member



## ingredients:

Nonstick cooking spray
All-purpose flour
1 Package yellow cake mix
with pudding (18.25 oz)
1 1/3 cup water
1/2 cup vegetable oil
3 large eggs
1 teaspoon vanilla
1/4 cup light corn syrup

½ cup finely chopped pecans 1 large (7 oz) milk chocolate bar ½ cup chocolate syrup

### For glaze

- 1 large (7 oz) milk chocolate bar 2 tablespoons shortening
- 1 teaspoon vanilla

## To Prepare Cake:

Preheat the oven to 350 degrees. Lightly mist a 12-cup Bundt pan with cooking spray & dust with flour. Combine cake mix, water, oil, eggs, and vanilla in a large mixing bowl. Blend with an electric mixer for 3 min. until batter is thick and combined.

Transfer 2 cups batter to a medium mixing bowl. Stir in corn syrup and pecans. Set it aside.

Break chocolate bar into pieces. In a small microwave-safe bowl, combine chocolate pieces and chocolate syrup. Microwave on high for 1 minute and stir till smooth. Return to the microwave for a few seconds if needed. Fold melted chocolate into remaining plain batter until well incorporated.

Pour chocolate batter into prepared pan, smoothing the top with a rubber spatula. Spoon pecan batter evenly over the top. Bake on center oven rack until the top springs back when lightly pressed with your finger and the cake starts to pull away from the sides of the pan; 43-47 minutes.

Let cool on wire rack for 20 minutes. Run a long, sharp knife around the edge of the cake and invert onto a rack to cool completely. 20 minutes more. Transfer cake to a serving platter.

### To prepare glaze:

Break chocolate bar into pieces. Place chocolate and shortening in a small microwave-safe bowl and microwave on high for 1 minute. Stir until chocolate has melted. Stir in vanilla. Spoon glaze over cooled cake, letting it drip down sides of the cake. Let the cake sit at least 10 minutes before serving. Yields 16 servings.

## \*

# Do you get it???

- Why is the time of day with the slowest traffic called rush hour?
- You know that indestructible black box that is used on airplanes? Why don't they make the whole plane out of that stuff?
- Why don't birds get electrocuted when they sit on electric wires?

### 2022-2023 H.I.S. Board Members

Bob Maloney	President	636-346-1765	Maria Dorn	Newsletter	314-610-8784
Paul Bichsel	VP	314-564-7568	Gene Hanneke	Recycle Coor.	227-8163
Becky O'Brien	Secretary	314-973-4515	Nancy Turpin &	Refreshment	314-800-7420
Ken Velten	Treasurer	636-386-5208	Bernie Flacke		227-3825
Audrey Westmoreland	Attendance	636-394-7919	Marie Fox &	Resurrection (	Choir 227-2750
Dolores Kaemmerer	Attendance	391-7743	Dolores Kaemmerer		391-7743
Mary Mallery	Attendance	391-9716	Eileen Buehrle	Service & PAC	230-5435
Carol Laupp	Sentiments	256-0924	Rev. Edward Stanger	Spiritual Dir.	227-7440
Kathie & Gene			Gene & Rosemary Best	tgen Trips	527-5385
Hanneke	Graphics	314-913-4230	& Mary Jane Bahr		227-8927
Mary Mallery	Historian	391-9716	& Joan & Tom Wojcie	chowski	636-256-2510
Mary Schlemeier &	Hospitality	636-391-9556	Carol Wolf &	50/50	227-6214
Brenda George		636-394-2286	Carol Komor &		230-9697
Theresa Bichsel	Directory	314-564-7591	Rose Birkner		636-485-6415
Membership					



