



HOLY INFANT SENIOR NEWSLETTER

March/April 2023
Issue # 200



FROM THE EDITOR - By: Maria Dorn

We're one week into Lent already, and we are celebrating our Day of Reflection with Fr Dunlap. We're blessed to have him back with us inspiring us to make a great lent and know that Easter is just around the corner. I'd spent several weeks discerning what I would do to make this my Best Lent Ever. After much reflection I realized that I needed to prove to myself that I do love Jesus more than sugar. I know that He knows and that if I take on this self-inflicted challenge, and fail, He'll forgive me. I just don't want to put him in that position. Please pray for me that I can freely give this gift and that I can give it in an unselfish way. I pray that you are also successful in keeping your Lenten promises.

If you ever have suggestions or an article that you think other members would enjoy, you can call or send an email to mariadorn@hotmail.com. Be sure to put HIS in the subject line. Thanks, and I look forward to keeping you 'in the know'.



Saint of the Month - Saint Joseph

St. Joseph, (flourished 1st century CE, Nazareth, Galilee, region of Palestine; principal feast day March 19, Feast of St. Joseph the Worker May 1), in the New Testament, Jesus' earthly father and the Virgin Mary's husband. St. Joseph is the patron of the universal church in Roman Catholicism, and his life is recorded in the Gospels, particularly Matthew and Luke.

Champaigne, Philippe de: *The Dream of Saint Joseph*

Joseph was a descendant of the house of King David. After marrying Mary, he found her already pregnant and, "being a righteous man and unwilling to expose her to public disgrace" (Matthew 1:19), decided to divorce her quietly, but an angel told him that the child was the Son of God and was conceived by the Holy Spirit. Obeying the angel, Joseph took Mary as his wife. After Jesus' birth at Bethlehem in Judaea, where the Holy Family received the Magi, an angel warned Joseph and Mary about the impending violence against the child by King Herod the Great of Judaea, whereupon they fled to Egypt. There, the angel again appeared to Joseph, informing him of Herod's death and instructing him to return to the Holy Land.

Avoiding Bethlehem out of fear of Herod's successor, Joseph, Mary, and Jesus settled in Nazareth (Matthew 2:22-23) in Galilee, where Joseph taught his craft of carpentry to Jesus. Joseph is last mentioned in the Gospels when he and Mary frantically searched for the lost young Jesus in Jerusalem, where they found him in the Temple (Luke 2:41-49). Like Mary, Joseph failed to comprehend Jesus' ironic question, "Why were you searching for me? Did you not know that I must be in my Father's house?" The circumstances of Joseph's death are unknown, except that he probably died before Jesus' public ministry began and was certainly dead before the Crucifixion (John 19:26-27).

Prayer to St. Joseph

To you, blessed Joseph, we come with confidence in this hour of need, trusting in your powerful protection. Your loving service to the Immaculate Virgin Mother of God and your fatherly affection for the Child Jesus inspire us with Faith in the power of your intercession before the throne of God.

We pray, first, for the Church: that it may be free from error and corruption and be a shining light of universal love and justice.

We ask your intercession for our loved ones in their trials and adversities, that they may be inspired by the love, obedience, and affection of the Holy Family, and be to each other a mutual source of consolation and Christian fidelity.

We ask your intercession also for our special need (here mention the grace desired).



STEPHEN MINISTRY

By Gene Bestgen

Who will know about my problem if I talk to a Stephen Minister?

Many people ask this question. Confidentiality is the cornerstone of Stephen Ministry. No one will find out. If you have a burden you need to share, perhaps a Stephen Minister can help. For someone who will listen and help you find the resources you need to get through this tough time. To learn more about this caring ministry, call Patricia at 636 227-0802, opt #3. There is a confidential email as well stephenministryhi@yahoo.com that you can use if you prefer.

Members of HIS that are current Stephen Ministers, or have retired as Stephen Ministers are: Alberta McGilligan, Maureen Richter, Monica Vaccaro, Paul Mallery, Pauline Nocifora, Mary Salvia, Bob Komor, Jack Birkner, Peggy Buechler, Hank Kraichely, Linda Gatton, Mary Emke, Carol Laupp, Carol Wolf and Gene Bestgen.

If you or a loved one can benefit from a Stephen's Minister, **check out Stephen Ministry on our church website** www.holyinfantballwin.org



Odds and Ends

By HIS members

HELP WANTED – HIS Board

HIS is sponsoring the Mission on March 9th, with Father Anstoetter. We are asking that any HIS member attending the Mission, help with set up and cleanup of the cafeteria after the social hour.

THANK YOU!!! – Theresa Bichsel

Thank you, thank you Seniors for your outstanding support of the Assistance League/ Rose charity collection. Although I was not present at the meeting in February, I did sort & distribute the items and it was overwhelming the goods you all provided. The assistance league valued our total donation to Rose at a little over \$1400 in products & cash. We are definitely appreciated by the Assistance League because your donations allow them to do good for more women in the St Louis area. Again, my personal thanks to all of you! Please keep the AL in your prayers as they continue to serve the less fortunate in our community. God Bless You All!!!!

I am happy to answer any questions you have about the Assistance League, and if you'd like to volunteer, I can give you information for that as well. Please email me if you have questions about the donation items.

bichselfam@gmail.com

APPRECIATION to all HIS members for books donation at the Feb. HIS luncheon – Olivia Pieknik

Special thanks to Paul & Mary Mallery for taking the books to the Rectory since I had to work last week and could not be at the luncheon. Thank YOU again for your continued support.

Meal Train – Maria Dorn

We are not feeding anyone at present but will be ready to go with delicious meals when the need arises. Thanks to all who generously volunteer already and if you want to be added to the list of volunteers, let Maria know by calling 314-610-8784 or email to mariadorn@hotmail.com.

Please keep this program in mind when **you or one of HIS members** needs some support.

I found this on Facebook and wanted to share. To me it says so much and reiterates why HIS is such a blessing to many Seniors - Becky OBrian

Barely the day started and...it's already six in the evening.
Barely arrived on Monday and it's already Friday.
...and the month is already over.
...and the year is almost over.
...and already 40, 50, 60, or 70 years of our lives have passed.
...and we realize that we lost our parents & friends.
And we realize it's too late to go back.
So let's try, despite everything, to enjoy the remaining time...
Let's keep looking for activities that we like...
Let's put some color in our grey...
Let's smile at the little things in life that put love in our hearts.
And despite everything we must continue to enjoy with serenity this time we have left. Let's try to eliminate the afters:
I'm doing it after...
I'll say after...
I'll think about it after...
We leave everything for later like " after " is ours.
Because what we don't understand is that...
Afterwards, the coffee gets cold...
Afterwards, priorities change...
Afterwards, the charm is broken...
Afterwards, health passes...
Afterwards, the kids grow up...
Afterwards parents get old...
Afterwards, promises are forgotten...
Afterwards, the day becomes the night...
Afterwards life ends...
And then it's often too late....
So let's leave nothing for later because still waiting see you later, we can lose the best moments,
the best experiences,
best friends,
the best family...
The day is today...
The moment is now...
We are no longer at the age where we can afford to postpone what needs to be done right away - today! ❤️



Sentiments

By Carol Laupp

Since our last HIS Newsletter, these sentiments were sent:

Sympathy Card - Al Jordan Family, Becky O'Brien

Get Well Card - Judy Jeglijewski, Charlie Gatton

If you know of anyone in our HIS group that could use a Get-Well card, a Thinking or Praying for you card, a Sympathy card, etc. please call Carol Laupp at 636-256-0924 and she will send them a card from our HIS group.



Travel & Tourism News

By: Mary Jane Bahr, Gene Bestgen, Rosemary Bestgen, Joan and Tom Wojciechowski

Cathedral Basilica and History Museum – April 11, 2023

On April 11, 2023, we will be taking a bus to the St Louis Cathedral Basilica. After a guided tour we will go to the St Louis Foundry for lunch. After lunch we will head to the Missouri History Museum. The cost is \$20.00 for the bus. We will be leaving West County at 9:15 from the Target parking lot. As of now we should be back to West County around 4:30. Payment for this trip will be collected at the March meeting.

ADULT BINGO



March 18, 2023
April 15, 2023
Holy Infant School – Upper
Cafeteria
248 New Ballwin Road
Doors Open at 5:30 P.M.
Bingo Starts at 7:00 P.M.

\$25.00 per Person
Admission includes 15 Games of Bingo
Beer, Soda, Wine and Water
Food available for purchase
Sponsored by the Holy Infant
Knights of Columbus



Birthdays – March & April

By Theresa Bichsel

Wishing each of you, and any others I may have missed, a very Happy Birthday!

Bernie	Flacke	03/04	Cathy	Lehman	04/01
Robert (Bob)	Komor	03/05	Kim	Waller	04/10
Charlotte	Hamm	03/06	Jack	Anastasi	04/13
Maureen	Richter	03/06	Suzie	Cupps	04/20
Alan	Jordan	03/07	Sara	McEntire	04/21
Marylou	Bergman	03/08	Julie	Jackson	04/22
Sue	Rosswick	03/08	Barbara	Kelly	04/25
Paul	Mallery	03/09	Gene	Bestgen	04/26
Theresa	Bichsel	03/13	Keith	Faquin	04/27
Ginnie	Guinness	03/14	Fran	Capra	04/29
Joanne	Lewis	03/16	Alberta	McGilligan	04/30
Mary	Schlemeier	03/16	Bonnie	Mohr	05/02
Rose	Wardenburg	03/18	Bob	Dorn	05/03
Mary	Salvia	03/20	Jim	Schmitt	05/03



Carol's Corner - by Carol Komor

IT'S ALL RIGHT TO BE HUMAN.

When your mind wanders while you are praying, don't be surprised or upset. Simply return your attention to God. Share a secret smile with Him, knowing that He understands. Rejoice in His love for you which has no limits or conditions. Whisper His name in loving contentment, assured that He will never leave you or forsake you.



Who needs the "Luck of the Irish" when we are covered by the "Love of God".



ADULT FAITH FORMATION OPPORTUNITIES

By Kathie Hanneke



PRAYERS SHAWLS ARE HUGS FROM GOD

Is your loved one facing challenges? Do you or your loved one have the winter blues? Facing surgery? Recent loss of a spouse? These are challenges for you or your loved one. You or this person will feel the warm hugs and God's love being wrapped in a lovely, homemade Prayer Shawl made by Holy Infant parishioners and blessed by our clergy.

Prayer Shawls come in various sizes, from newborn Baby Blankets to Adult sizes. You can find these blessed Shawls/Blankets in a basket in the back of the Adoration Chapel 24/7 (need entry code at night) and in the Parish Office 8-4. (closed 12-1 for lunch)

ALL PRAYER SHAWLS/BABY BLANKETS ARE FREE. Donations of yarn or money are always appreciated to help with expenses of the Ministry. If you have any questions or would like to join this great Ministry, call Kathie, 314-704-2350 or email gkhanneke@gmail.com



OUR THANKS GO OUT TO....

By Jo Lewis & various HIS Members

- Nancy and Don Turpin for our delicious lunch! How would each of us like to prepare a lunch for 100 people and come up with a new idea every month?
- Bob Maloney who can come up with a 'quip' and make us all laugh. I consider laughter icing on a cake and is the 'stuff' that makes the word a better place.
- Theresa and Paul for making our meetings more fun with our programs.



DID YOU KNOW

By Jo Lewis,

- That if you have difficulty following a conversation that you should have your hearing checked? Hearing issues can affect our brain health.
- That you may not be getting sufficient sleep? 7 hours is suggested. They say sleep is like good house keeping for the brain.
- That coffee is good for you? Some say 2-3 cups give you a 30% lower risk of dementia. Amazing!!
- That there are only 112 days till summer 2023?
- That you could find our HIS Newsletter on HIS Newsletter through the online bulletin? Go to the website and scroll down till you see HIS Newsletters. We have them all from September of 2015.
<https://holynfantballwin.org/news/newsletter/>
- That any of our HI Seniors can submit words of wisdom they may want to share to this column? We can all benefit from these little gems. Just send to mariadorn@hotmail.com or call Maria at 314-610-8784.



Parish News

By Sandy Hughes

MARCH

- | | |
|----|--|
| 3 | Fish Fry: 4:30pm-7:30pm, Upper Cafeteria |
| 4 | Shamrock Shuffle: Holy Infant Campus |
| 5 | ST. PAT'S CELEBRATION! 1:00pm-7:00pm |
| 9 | Parish Mission: Rev. Donald Anstoetter - 7:00pm Reception to follow. |
| 10 | Fish Fry: 4:30-7:30pm, Upper Cafeteria |
| 16 | Seniors' Board Meeting: 10:00am, Holy Infant Room |
| 17 | Fish Fry: 4:30pm-7:30pm, Upper Cafeteria |
| 18 | K of C BINGO! Doors open at 5:30pm, Upper Cafeteria |

- 19 Parish Mission: Rev. Brian Fallon - 7:00pm Reception to follow.
- 20 Stations of the Cross: School at 2:00pm
- 24 Fish Fry: 4:30-7:30pm, Upper Cafeteria
- 26 Parish Mission: Rev. Andrew Burkemper - 7:00pm Reception to follow.
- 27 Stations of the Cross: School at 2:00pm
- 30 Seniors' Meeting: 10:00am, Lower Cafeteria because of Holy Week
- 31 Final Fish Fry: 4:30-7:30pm, Upper Cafeteria

APRIL

- 1 APRIL FOOL'S DAY!
- 3 Stations of the Cross: School at 2:00pm
- 4 Living Stations of the Cross, Church, 7:00pm
- 6 Holy Thursday: Morning Prayer at 8:00am
Mass of the Lord's Supper, 7:00pm
- 7 Good Friday: Morning Prayer at 8:00am
The Lord's Passion, 7:30pm
- 8 Holy Saturday: Morning Prayer at 8:00am
Easter Vigil Mass, 8:00pm
- 9 Easter Sunday Masses: Regular Mass Schedule
- 13 Holy Happy Hour: 6:30pm - Church
- 15 K of C BINGO! Doors open at 5:30pm, Upper Cafeteria
- 16 Divine Mercy Sunday: 2:00pm
- 20 Seniors' Board Meeting: 10:00am, Holy Infant Room
- 22 EaRtH DaY!!
- 29 First Communion: 10:30am (PSR) 1:00pm (School)

MAY

- 4 *National Day of Prayer*
Seniors' Meeting: 10:00am, Lower Cafeteria

Recipe of the Month – Coconut Cream Pie

By Kathie Hanneke



Ingredients:

- 9 inch baked pie shell (I use Pillsbury pie crust)
- 3 cups milk
- ¾ cup sugar
- 5 Tablespoons cornstarch
- ½ tsp. Salt
- 3 egg yolks beaten
- 1 ½ cups shredded coconut
- 2 Tablespoons butter or margarine
- 1 ½ tsp. Vanilla (I use bourbon vanilla)
- 1-8oz container of Cool Whip

Directions

- Put milk into 4 cup glass measure cup.
- Heat in microwave on Med-High(80%) 5-6 min. or until scalded.
- Mix sugar, cornstarch, salt in 2 quart casserole
- Stir hot milk slowly into mix, using a whisk.

- Stir about ¾ cup of hot mixture into beaten egg yolks, stirring constantly.
- Add egg mixture to hot milk-cornstarch mixture.
- Cook in microwave on Med-high (80%) until thickened.
- Stir with wire whisk often, like every minute after 4 minutes. May take 6-8 min.
- Add coconut, butter, and vanilla. Stir until blended.
- Pour filling into cooled pie shell. Chill. Cover with Cool Whip & extra toasted coconuts

St. Patrick's Day Riddles:

Riddle: Who's St. Patrick's favorite superhero?

Riddle: What is at the end of a rainbow?

Riddle: Why is the largest city in Ireland likely to be the largest city in the world?

Riddle: Why should you never iron a 4-leaf clover?

Riddle: A skin have I, more eyes than one. I can be very nice when I am done. What am I?

Riddle: What do you get when you cross a four-leaf clover with poison ivy?

Riddle: What do you call a fake Irish stone?

Riddle: Why do people wear shamrocks on St. Patrick's Day?

Riddle: Where are you guaranteed to find gold on St. Patrick's Day?

Riddle: What kind of spells do leprechauns use?

Riddle: How many gold coins can a leprechaun throw in an empty pot?



Crossword puzzle Answers:

Across

Cry
Dead
Angel
Stone

White
Gardener
Mary

Down

Father
Rise
Early
Week

Woman
Tomb
Dark

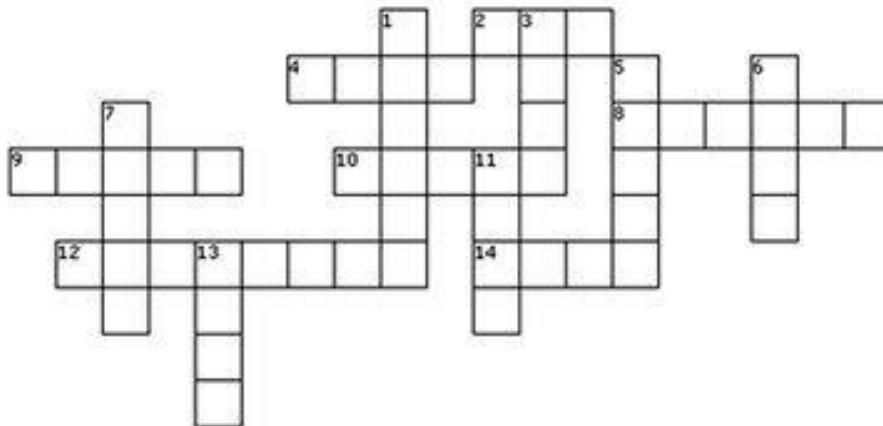
2022-2023 H.I.S. Board Members

Bob Maloney	President	636-346-1765	Maria Dorn	Newsletter	314-610-8784
Paul Bichsel	VP	314-564-7568	Gene Hanneke	Recycle Coord.	227-8163
Becky O'Brien	Secretary	314-973-4515	Nancy Turpin & Bernie Flacke	Refreshment	314-800-7420
Ken Velten	Treasurer	636-386-5208	Marie Fox & Dolores Kaemmerer	Resurrection Choir	227-3825
Audrey Westmoreland	Attendance	636-394-7919	Eileen Buehrle	Service & PAC	227-2750
Dolores Kaemmerer	Attendance	391-7743	Rev. Edward Stanger	Spiritual Dir.	391-7743
Mary Mallery	Attendance	391-9716	Gene & Rosemary Bestgen	Trips	230-5435
Carol Laupp	Sentiments	256-0924	& Mary Jane Bahr		227-7440
Kathie & Gene Hanneke	Graphics	314-913-4230	& Joan & Tom Wojciechowski		527-5385
Mary Mallery	Historian	391-9716	Carol Wolf & Carol Komor & Rose Birkner	50/50	227-8927
Mary Schlemeier & Brenda George	Hospitality	636-391-9556			636-256-2510
Theresa Bichsel		636-394-2286			227-6214
Membership	Directory	314-564-7591			230-9697
					636-485-6415



He is not here. He has risen!

Words taken from John 20:1-18 (NIV)



ACROSS

2. To shed tears
4. The opposite of alive
8. A heavenly being
9. The thing that covered the entrance to Jesus'tomb
10. The color that is the opposite of black
12. A person who takes care of plants and flowers
14. The name of the woman who discovered Jesus' empty tomb

DOWN

1. The male parent
3. Return to an upright position after lying down; to return from the dead
5. The opposite of late
6. A period of seven days
7. An adult female person
11. A place where someone is buried; another name for grave
13. The opposite of light

St. Patrick's Day Riddles Answers:

Answer: Green Lantern!

Answer: The letter W.

Answer: Because it is every year doubling (Dublin).

Answer: You don't want to press your luck!

Answer: A potato.

Answer: A rash of good luck.

Answer: A Shamrock!

Answer: Real rocks are too heavy!

Answer: In the dictionary!

Answer: Lucky Charms!

Answer: One. After that, it's no longer empty.

Easter Word Search

Z S T V S C M Y N H S K S A H T L
 G V P C W I V F C A C P V E Z D D
 P A C C O E W L N M A O Y Z S L P
 P U H E G G L U T S A Z K O G X D
 J T O R B U M J U G X F O P N G A
 F O C K U I X P I R I S Y L N Y F
 D Q O Q H Z C C A L M O G I C T F
 S E L Q F H T S U L E P X E K M O
 S G A T E N N O B A R S R E G C D
 W G T H X A U X Z U A R T V S C I
 Z S E X S J H M P C B I K V S Z L
 C O P O R S L R R H B U X J O S S
 C T Y L P G L V Y I I A D X M J B
 W C N Y Z B Q K X C T E K S A B M
 K X N U M S D U C K L I N G S P A
 X K U X G N I R P S P L U O G G L
 P S B G Q D A S N A E B Y L L E J

BUNNY
 DUCKLINGS
 BONNET
 SPRING
 EGGS



DAFFODILS
 EGG
 JELLYBEANS
 RABBIT
 CHOCOLATE

LAMBS
 IRIS
 BASKET
 CHICKS
 HUNT



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