



HOLY INFANT SENIOR NEWSLETTER

December 2022

Issue # 197



FROM THE EDITOR - By: Maria Dorn

Merry Christmas! Advent is upon us, and we are preparing for Jesus' coming. A little baby, born in a manger in the middle of the night. Angels sang on high to get the attention of the shepherds to witness the wonder of it all. I am following Matthew Kelly for these 28 days of Advent as he presents "The Best Christmas Ever." I listen to how I can keep focused on the real meaning of Christmas and not let the hustle and bustle of the season and the many distractions it brings get in my way. I'm really enjoying these 3-5-minute videos in the morning to get my day started off in the right direction. I hope that each of you can experience the peace and calm of Christmas the way it is meant to be. AND here's something - I'm going on a silent retreat on December 13th. We'll see if I can really keep my mouth closed for a whole day. I'll either be really chilled, and realize the words I think I need to say don't need to be said after all, or crazy uptight and feel like I have to talk, talk, talk to make up for the day.

If you ever have suggestions or an article that you think other members would enjoy, you can call or send an email to mariadorn@hotmail.com. Be sure to put HIS in the subject line. Thanks, and I look forward to keeping you 'in the know'.

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Remember, you can access the HIS Newsletter through the online bulletin by clicking on this link and scrolling down till you see HIS Newsletters. We have them all from September of 2015.

<https://holyyinfantballwin.org/news/newsletter/>

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Member of the month -

If you or someone you know would like to be featured as the Member of the Month, please let me know at our meeting, by calling me at 314-610-8784 or emailing me at mariadorn@hotmail.com.

**MERRY
CHRISTMAS**



STEPHEN MINISTRY

By Gene Bestgen

Who will know about my problem if I talk to a Stephen Minister?

Many people ask this question. Confidentiality is the cornerstone of Stephen Ministry. No one will find out. If you have a burden you need to share, perhaps a Stephen Minister can help. For someone who will listen and help you find the resources you need to get through this tough time. To learn more about this caring ministry, call Patricia at 636 227-0802, opt #3. There is a confidential email as well stephenministryhi@yahoo.com that you can use if you prefer.

Members of HIS that are current Stephen Ministers, or have retired as Stephen Ministers are: Alberta McGilligan, Maureen Richter, Monica Vaccaro, Paul Mallery, Pauline Nocifora, Mary Salvia, Bob Komor, Jack Birkner, Peggy Buechler, Hank Kraichely, Linda Gatton, Mary Emke, Carol Laupp, Carol Wolf and Gene Bestgen.

If you or a loved one can benefit from a Stephen's Minister, **check out Stephen Ministry on our church website** www.holyinfantballwin.org



Odds and Ends

By HIS members

Meal Train – Maria Dorn

We are not feeding anyone at present but will be ready to go with delicious meals when the need arises. Thanks to all who generously volunteer already and if you want to be added to the list of volunteers, let Maria know by calling 314-610-8784 or email to mariadorn@hotmail.com.

Please keep this program in mind when **you or one of HIS members** needs some support.

January Meeting will be a Potluck – Nancy Turpin

Please bring something to share with everyone. Please bring what's listed below if your name begins with that letter. Let's hope the weather will cooperate with us this year.

A - I SOUP

J - Q SALAD

R - Z DESSERT

An opportunity to help our community – Theresa Bichsel

This February we will be collecting products needed by the Women's Shelter of St. Louis. There will be more details at the January meeting.

IN THE MEANTIME, as you shop this holiday season keep in mind these items that are needed: Hotel size toiletries, full size shampoo, conditioner, body lotion and body wash, bristle hairbrushes, scrunchies, Women's socks, underwear, and flip flops. Thank you in advance for your generosity.



Sentiments

By Carol Laupp

Since our last HIS Newsletter, these sentiments were sent:

Get Well Card: Pat Bouckaert, Joe Sinibaldi and Bob Komor

If you know of anyone in our HIS group that could use a Get-Well card, a Thinking or Praying for you card, a Sympathy card, etc. please call Carol Laupp at 636-256-0924 and she will send them a card from our HIS group.

Parish News



By Sandy Hughes

DECEMBER

- 8 Feast of the Immaculate Conception: Masses at 6am, 8am, 10am & 7pm
- 8 Seniors' Christmas Party: Upper Cafeteria
- 11 Live Nativity Event Time TBD
- 14 School Christmas Concert: 6:30pm, Church
- 24 Christmas Eve Masses: 4:00pm, 4:10pm (parish Center) and 6:00pm
- 25 Christmas Day Masses: Midnight Mass, 8:00am and 10:00am
- 31 Regular Saturday evening Masses at 4:00pm and 5:30pm

JANUARY

- 1 Solemnity of Mary, Mother of God: Regular Sunday Mass Times

ADULT BINGO

January 21, 2024
 Holy Infant School – Upper Cafeteria
 248 New Ballwin Road
 Doors Open at 5:30 P.M.
 Bingo Starts at 7:00 P.M.



\$25.00 per Person
 Admission includes 15 Games of Bingo
 Beer, Soda, Wine and Water
 Food available for purchase
 Sponsored by the Holy Infant
 Knights of Columbus



Carol's Corner - by Carol Komor

1 Corinthians 13

A Christmas Version

If I decorate my house perfectly with plaid bows, strands of twinkling lights and shiny balls, but do not show love to my family, I'm just another decorator.

If I slave away in the kitchen, baking dozens of Christmas cookies, preparing gourmet meals and arranging a beautifully adorned table at mealtime, but do not show love to my family, I'm just another cook.

If I work at the soup kitchen, carol in the nursing home and give all that I have to charity, but do not show love to my family, it profits me nothing.

If I trim the spruce with shimmering angels and crocheted snowflakes, attend a myriad of holiday parties and sing in the choir's cantata but do not focus on Christ, I have missed the point.

Love stops the cooking to give a needed hug.

Love sets aside the decorating to listen to a friend.

Love is kind, though harried and tired.

Love doesn't envy another's home that has coordinated Christmas china and table linens.

Love doesn't give only to those who are able to give in return but rejoices in giving to those who can't.

Love bears all things, believes all things, hopes all things, endures all things.

Love never fails.

Video games will break, pearl necklaces will be lost, golf clubs will rust, but giving the gift of love will endure.

Merry Christmas and lots of love to you and yours!



Birthdays - December

By Theresa Bichsel

Wishing each of you, and any others I may have missed, a very Happy Birthday!

Linda	Schulte	12/22
Mike	Waller	12/31
Mary	Hyland	12/01

Kathy	Buritsch	12/13
Audrey	Westmoreland	12/15
George	Rosswick	12/16



ADULT FAITH FORMATION OPPORTUNITIES

By Kathie Hanneke

Looking for a meaningful gift for a friend or family member?
Consider a lovely handmade Prayer Shawl or Baby Blanket!

The Prayer Shawl Ministry is seeking people who enjoy knitting and crocheting. The demand for Shawls has grown and it is hard to keep up with an available supply of blessed Prayer Shawls. Yarn, patterns, supplies and instructions will be provided on request. There are no pressure and people are available to guide you if needed. If interested, call Kathie, 314-704-2350.

ALL PRAYER SHAWLS/BABY BLANKETS ARE FREE. Donations of yarn or money are always appreciated to help with expenses of the Ministry. If you have any questions or would like to join this great Ministry, call Kathie, 314-704-2350.



OUR THANKS GO OUT TO....

By Jo Lewis & various HIS Members

- Nancy and Don Turpin for our last luncheon. Being able to come up with new ideas for lunch is a gift!
- Mary Mallory, for keeping track of all the activities we've done. History is important.
- Mary Schlemeier and Brenda George for making us all feel welcome.
- Carol Wolf, Carol Komor and Rose Birkner by doing a good job at selling us our tickets to help us having more fun by being a winner.
- Jo Lewis for sharing great ideas with us in the Did You Know section of our Newsletter. It keeps us informed of cutting edge products and methods of success she's experienced.



DID YOU KNOW

By Jo Lewis

- That if you can't sleep, you should try saying the Memorare 9 times in a row as Mother Theresa did? It works!!
- That air fryers seem to be very popular? Consumer reports says "Chefmann" was the cheapest with all ratings listed as "excellent" in contract to others.
- That if you looking for a 'hot' cup of coffee you should try Hamilton Beach Model D501ZDL? I bought one and love it.
- That any of our HI Seniors can submit words of wisdom they may want to share to this column? We can all benefit from these little gems. Just send to mariadorn@hotmail.com or call Maria at 314-610-8784.



Recipe of the Month – Roasted Brussel Sprouts with Balsamic and Honey

By: Paul Mallery

Ingredients:

- 1 pound Brussel Sprouts, trimmed
- 3 Tablespoons extra-virgin olive oil
- 1 teaspoon kosher salt, or to taste
- ½ teaspoon freshly ground black pepper, or to taste
- 1 tablespoon good quality balsamic vinegar
- 2 tablespoons honey, or to taste

Directions

1. Preheat the oven to 425 degrees.
2. Line a baking sheet with parchment paper
3. Steam Brussel sprouts in the microwave for 3-5 minutes
4. Combine Brussel sprouts, olive oil, salt and pepper in a large bowl
5. Toss to Coat
6. Spread evenly on the baking sheet
7. Roast in the preheated oven until browned, about 30 minutes, turning after 15 minutes
8. Remove from the oven
9. Drizzle balsamic vinegar and honey over the sprouts and stir to coat evenly

Note: Paul adds 4 or more bacon slices during baking just after turning after the first 15 minutes.

2022-2023 H.I.S. Board Members

Bob Maloney	President	636-346-1765	Maria Dorn	Newsletter	314-610-8784
Paul Bichsel	VP	314-564-7568	Gene Hanneke	Recycle Coord.	227-8163
Becky O'Brien	Secretary	314-973-4515	Nancy Turpin & Bernie Flacke	Refreshment	314-800-7420
Ken Velten	Treasurer	636-386-5208	Marie Fox &	Resurrection Choir	227-3825
Audrey Westmoreland	Attendance	636-394-7919	Dolores Kaemmerer		227-2750
Dolores Kaemmerer	Attendance	391-7743	Eileen Buehrle	Service & PAC	391-7743
Mary Mallery	Attendance	391-9716	Rev. Edward Stanger	Spiritual Dir.	230-5435
Carol Laupp	Sentiments	256-0924	Gene & Rosemary Bestgen		227-7440
Kathie & Gene Hanneke	Graphics	314-913-4230	& Mary Jane Bahr	Trips	527-5385
Mary Mallery	Historian	391-9716	Carol Wolf &	50/50	227-8927
Mary Schlemeier & Brenda George	Hospitality	636-391-9556	Carol Komor &		227-6214
Theresa Bichsel		636-394-2286	Rose Birkner		230-9697
Membership	Directory	314-564-7591			227-9498