



HOLY INFANT SENIOR NEWSLETTER

January 2022
Issue # 190



FROM THE EDITOR - By: Maria Dorn

Happy New Year HIS! I hope each of you are off to a good start in 2022. This is the year I'm going to finish some of the things I started, things I thought were a good idea, but they never went from thoughts to reality. Making quilted bags for my sisters and sister-in-law which were meant to be 2020's Christmas presents, making homemade Christmas ornaments for my grandkids like my mom used to, and eating less sweets. One thing I can say is that I did finish The Bible in a Year with Fr. Mike Schmitz. It was a podcast I subscribed to that came to me on my phone daily so I could listen to it. For the most part I was typically 2-3 days behind the group. It didn't matter really, but I wanted to finish it in a year, and on New Year's Eve at 11:57 pm I finished day 365. I learned so much from this, that I started it again this year. If you've not heard of this and want some information, let me know and I'll set you up.

If you ever have suggestions or an article that you think other members would enjoy, you can send an email to mariadorn@hotmail.com. Be sure to put HIS in the subject line. Thanks, and I look forward to keeping you 'in the know'.



Member of the Month -Becky O'Brien

Becky OBrien was born in St Louis, raised and lived most of her life in Ferguson and Florissant. Soon after graduating from St Thomas Aquinas High School, she went to work, married, and had one child whom she raised as a single mother since he was 2. She earned an associate degree in Business and worked in the accounting departments of several companies including 25 at a local chemical distributor where she finished her 50-year career, retiring in 2017. She was most dedicated to raising her son Corey, making sure she rarely missed a sports game or a choir/orchestra performance. She was adamant to have dinner each evening with no TV where they would not only talk about their day, but would have some lively discussions on politics, sports, or world events. Corey is now married, lives in Lincoln NE and is the Criminal Prosecution Bureau Chief in the NE Attorney General Office. She is very proud of his successes which he attributes to those nightly dinner discussions!! Way to go Mom!!!

Her passion has always been one of service. She volunteered for many events at her son's school, sports and choir opportunities. When he left for college, Make A Wish became her passion. As a Wishgranter she helped facilitate over 150 wishes as well as worked many Fundraisers. She considers the wish kids, their families and especially their parents her heroes. She was very active in her former parish in Florissant which included teaching PSR for 15 years. Becky moved to Ballwin in 2013 and she took a break until she retired in 2017. After just going to Sunday Mass for several years and NEEDING to be involved once more, she joined Holy Infant and now serves as a Lector, volunteers at Fish Fries, with the Gifted Gardener, Helping Hands and other parish events. She joined HIS in Sept 2017 not knowing one person but has found many new friends. She has served as HIS secretary for the last 2 years. She also enjoys Exercise classes at the Pointe, going for long walks in area parks with a former coworker, going to lunch or on day trips with many forever friends she made over the years, and of course walking her puppy Mollie!

If you or someone you know would like to be featured as the Member of the Month, please let me know at our meeting, by calling me at 314-610-8784 or emailing me at mariadorn@hotmail.com.



Travel & Tourism News

By: Mary Jane Bahr, Gene Bestgen, Rosemary Bestgen

Our Trip Committee is exploring a "Day on the Hill" in early Spring. Reports on this trip have been good. We're planning on the Horse Races in June or July. Always looking for someplace new to visit this Summer. If anyone has any ideas, please pass it along to our travel team.



Odds and Ends

By HIS members

Julie Andrews on turning 79 – Gene Bestgen

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was 'My Favorite Things' from the legendary movie 'Sound Of Music'. Here are the lyrics she used:

(Sing It!) - If you sing it, its especially hysterical!!!

Botox and nose drops and needles for knitting,
Walkers and handrails and new dental fittings,
Bundles of magazines tied up in string,
These are a few of my favorite things.
Cadillacs and cataracts, hearing aids and glasses,
Polident and Fixodent and false teeth in glasses,
Pacemakers, golf carts and porches with swings,
These are a few of my favorite things.
When the pipes leak, When the bones creak,
When the knees go bad,
I simply remember my favorite things,
And then I don't feel so bad.
Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and heating pads and hot meals they bring,
These are a few of my favorite things.
Back pain, confused brains and no need for sinnin',
Thin bones and fractures and hair that is thinnin',
And we won't mention our short-shrunken frames,
When we remember our favorite things.
When the joints ache, When the hips break,
When the eyes grow dim,
Then I remember the great life I've had,
And then I don't feel so bad.

(Ms. Andrews received a standing ovation from the crowd that lasted over four minutes and repeated encores. Please share Ms. Andrews' clever wit and humor with others who would appreciate it.)



Sentiments

By Carol Laupp

Since our last meeting, the following sentiments were sent:

Get Well - Marge Quinn, Tom Arnold, and Mary Jane Bahr

Sympathy Card - Sajben Family (death of daughter)

Sympathy Mass Card - Tom Arnold Family

If you know of anyone in our HIS group that could use a Get-Well card, a Thinking or Praying for you card, a Sympathy card, etc. please call me, Carol Laupp, at 636-256-0924 and she will send them a card from our HIS group.



OUR THANKS GO OUT TO....

By Jo Lewis

- Tom for being our president and assuming the responsibility for all it's different committees.
- To Mary Schlemier for being our hospitality chairman this year.
- Trish Powers and Maureen Maloney for the festive centerpieces at our Christmas party.
- To Alberta for another successful Christmas luncheon.
- To Pat Bouckaert for ticket sales and assigning tables to everyone.
- To Kathy and Gene Hanneke for preparing the Christmas luncheon program.
- To Carol Wolf for the great entertainment. Who knew one person could do all of that?
- To the Carols (Wolf and Komor) and Rose Birkner for our 50-50.



DID YOU KNOW

By Jo Lewis

- That there is a hand signal used when someone needs help from domestic abuse? A teenage girl was helped when someone recognized the hand signal (tuck your thumb into your fist and close the other 4 fingers to make a fist) and called 911.
- That sending messages to the homebound can be therapeutic to those who receive them?
- That dried herbs and spices added to food can be a "surprising and worrisome" source of heavy metals for kids and adults? Consumer Reports investigation published on Tuesday.
- That any of our HI Seniors can submit words of wisdom they may want to share to this column? We can all benefit from these little gems. Just send to mariadorn@hotmail.com or call Maria at 314-610-8784.



Birthdays - January

By Theresa & Paul Bichsel

Wishing each of you, and any others I may have missed, a very Happy Birthday!

Mary Ann East 01/07
Sharon Morgenthaler 01/10
Rose Birkner 01/18

Maria Dorn 01/25
Joyce Betz 01/26
Gary DeLancey 01/26



STEPHEN MINISTRY

By Gene Bestgen

Bear One Another's Burdens. . .

In Galatians 6, Paul tells us to "carry each other's burdens, and in this way you will fulfill the law of Christ." At Holy Infant our Stephen Ministers have been trained and organized to do just that. They provide one-to-one care, prayer, and support to those who are going through a difficult time. If you would like more information about Stephen Ministry, please call Patricia, 636 227-0802, opt. 3.

If you or a loved one can benefit from a Stephen's Minister, **check out Stephen Ministry on our church website www.holyinfantballwin.org**



By: Paul & Theresa Bichsel

The directory is out and if there are any corrections, please email them to Paul at jpbichsel55@gmail.com.



ADULT BINGO



January 15, 2022
 Holy Infant School – Upper Cafeteria
 248 New Ballwin Road
 Doors Open at 6:00 P.M.
 Bingo Starts at 7:00 P.M.

\$20.00 per Person
 Admission includes 15 Games of Bingo
 Beer, Soda, Wine and Water
 Food available for purchase
 Sponsored by the Holy Infant
 Knights of Columbus



Parish News
 By Sandy Hughes

JANUARY

- 15 K of C BINGO! Doors open at 5:30pm, Upper Cafeteria
- 20 Senior’s Board Meeting: 12:00pm, Holy Infant Room
- 29 Men’s Club Trivia Night: Doors open at 6:30pm, Parish Center

FEBRUARY

- 2 HaPpY GrOuNdHoG DaY!!
- 3 Seniors’ Meeting: 10:00am, Lower Cafeteria

New Year’s Resolution Quotes

Sarah Dawn Designs

HAVE hope
TRY new things
BE active
SEE the good
SAY “I Love You,” more
CHALLENGE yourself
CHOOSE to be happy
EAT better
ENJOY today
FORGIVE more readily
READ more often
BECOME your best you



1. The beginning of every New Year is always the best time to give another chance to your neglected talents! — Mehmet Murat ildan
2. I resolve to write a new chapter of my life every new day in the New Year. — Lailah Gifty Akita, Pearls of Wisdom: Great mind
3. There is no resolution like radical repentance. — Lailah Gifty Akita
4. Why do New Year’s Resolutions fail? Mainly, because they are only a statement, or what we wish for in the coming year. There are usually no action plans, no deadlines, no backup plans. Sometimes they are unrealistic resolutions, with no other thought or plans besides the statement. — Catherine Pulsifer

RECIPE OF THE MONTH -

By: Theresa Bichsel & Betty Crocker

Ingredients

- 1/3 cup butter
- 1/3 cup all-purpose flour
- 1/3 cup chopped onion
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1 3/4 cups chicken broth
- 2/3 cup milk
- 2 1/2 to 3 cups cut-up cooked chicken or turkey
- 1 box (10 oz) frozen peas and carrots
- 1 box (14.1 oz) refrigerated Pillsbury™ Pie Crusts (2 Count), softened as directed on box



In 2-quart saucepan, melt butter over medium heat. Stir in flour, onion, salt and pepper. Cook, stirring constantly, until mixture is bubbly; remove from heat. Stir in broth and milk. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in chicken and peas and carrots; remove from heat.

Heat oven to 425°F. Roll 1 pie crust into 13-inch square. Ease into ungreased 9-inch (2-quart) glass baking dish. Pour chicken mixture into crust-lined dish.

Roll remaining pie crust into 11-inch square. Cut out designs with 1-inch cookie cutter. Place square over chicken mixture. Arrange cutouts on top crust. Turn edges of pie crust under; flute edge. Bake about 35 minutes or until golden brown.

2021-2022 H.I.S. Board Members

Tom Wojciechowski	President	256-2510		
Bob Maloney	VP	636-346-1765	Maria Dorn	Newsletter 314-610-8784
Becky O'Brien	Secretary	314-973-4515	Gene Hanneke	Recycle Coord. 227-8163
Brenda George	Treasurer	636-394-2286	Nancy Turpin &	Refreshment 314-800-7420
Audrey Westmoreland	Attendance	636-394-7919	Bernie Flacke	227-3825
Dolores Kaemmerer	Attendance	391-7743	Marie Fox &	Resurrection Choir 227-2750
Mary Mallory	Attendance	391-9716	Dolores Kaemmerer	391-7743
Carol Laupp	Sentiments	256-0924	Eileen Buehrle	Service & PAC 230-5435
Kathie & Gene			Rev. Edward Stanger	Spiritual Dir. 227-7440
Hanneke	Graphics	314-913-4230	Gene & Rosemary Bestgen	527-5385
Mary Mallory	Historian	391-9716	& Mary Jane Bahr	Trips 227-8927
Mary Schlemier	Hospitality	227-1254	Carol Wolf &	50/50 227-6214
Theresa & Paul	Directory	314-564-7591	Carol Komor &	230-9697
Bichsel	Membership		Rose Birkner	227-9498